WRIC's Monthly and Weekly Regular Programs

Every Monday morning 10:00-11:30 Neighbors Helping Neighbors **Support Group**. This is self-help group, which seeks to network for adult job seekers within communities where members share advice, exchange information and provide motivational support to help each other find employment. We do this through regular, structured meetings and providing opportunities for the development of job seeking skills. All levels of employed or not welcome.

Every Monday evening 6:00-8:00 Half Hour legal consultations (family law) available for $5.00 donation. By appointment only. Call 201-569-1166 to schedule. Some Thursdays are available and once a month there are appointments for immigration

Every *third* Monday of the month 1:00 Resume Writing class. Call or check website to see which Monday is currently in cycle.

Every Tuesday 10:00 Art Therapy**. Pre-registration** is required for this group. There are breaks throughout the year so make sure you confirm dates.

Every *other* Wednesday 11:00 WRIC Orientation for new clients. Call or check website to see which Wednesday is currently in cycle. www.womensrights.org

Every *other* Wednesday 11:00 AM Meals Made Easy and Benefits of Healthy Eating. Call or check website to see which Wednesday is currently in cycle. www.womensrights.org

Once Every Three Months Legal clinics with topics such as Divorce Clinic, Domestic Violence, Custody, etc. Check website for current schedules (some Spanish-speaking available). www.womensrights.org

Every *first* Wednesday of the month 12:00 Job Networking Forum

Every *third* Wednesday of a month 1:00 PM Financial Literacy Workshops.

Thursday 1:00 Job Readiness Workshops. Call or check website to see which Thursday is currently in cycle. There are breaks throughout the year so make sure you confirm dates. www.womensrights.org

Every *Last* Thursday of a month Job Leads' Events. Prospective employers will present and discuss how to apply for jobs with their companies. Call or check website to see who is presenting and what time. www.womensrights.org

Every *Second* Friday of a month 1:00pm. Your Credit. This one-hour workshop, hosted by Capital One, will focus on all things Credit - everything you need to know about good credit, bad credit, fixing credit, credit reports, and more.

The Women's Diversity Book Group meets monthly to discuss works by and about women. Cosponsored by Women's Rights Information Center and the Englewood Public Library. For further information, leave a message for organizer Nancy Ferer at 201.568.1166

In addition to these regularly scheduled programs, Women's Rights Information Center offers other monthly workshops on a periodic basis. These workshops are on a variety of topics such as self-esteem, self -care, car-care, dress for success, and more. Check website frequently for added programs. www.womensrights.org. WRIC offers Microsoft Office classes, other computer skills classes and ESL classes throughout the year. Check website frequently to see latest classes offered. One on one job coaching is available by appointment.